



Raising Rehabilitation,
Strength Training
and Home Therapy
to a whole new level.



WheelFlex fits most models of wheelchairs

WheelFlex was developed to fit most makes and models of chairs. The WheelFlex system is available in a number of different design options, any of which can be custom fit to most chairs. This versatility promotes more freedom, more access and more relief for the wheelchair user. Common wheelchair and rehabilitation chair manufacturers and brands include the following:

- Quantum
- Invacare
- Profile
- Quicke
- Drive
- Performance chair models

WheelFlex even fits Broda Chairs!

www.WheelFlex.com

WheelFlex — available from:



800-321-4240 • 610-769-4900

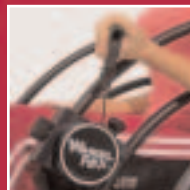
www.hertzsupply.com

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WheelFlex's revolutionary design allows users to innovatively perform a multitude of exercises — right from their own wheelchair!

WheelFlex is a cutting-edge device that simplifies physical fitness for the wheelchair user. This proprietary, patent-pending exercise system easily attaches to most wheelchairs allowing for complete concentric and eccentric chest, shoulder, bicep, tricep and oblique workouts.



Peter Mullin created the WheelFlex concept after watching his own mother struggle with wheelchair exercises for 20 years. WheelFlex maintains wheelchair stability while eliminating the

inconvenience of changing machines, weights and positions. This innovation raises rehabilitation, strength training and home therapy to a whole new level while providing the following benefits:

- Smooth, even resistance over the entire range of motion
- Infinite positioning for unlimited exercise possibilities
- Easy drop-in design allows for quick installation
- Ease of access does not require wheelchair to be in any special location
- Optional carryall bag allows for easy transportation
- Beneficial for users of all ages
- 5-year warranty



Rehabilitation

WheelFlex maximizes individual client-time during office visits. Its ergonomic design allows therapists to focus on instruction by limiting transfer time. As a result, clients also enjoy reduced waiting times. Other benefits include the following:

- Therapists can treat more than one client at a time
- Eliminates wheelchair tip-overs
- Quick set-up by sliding WheelFlex to the desired location and adjusting the resistance
- Both upper body and lower body therapy possible
- Smooth, even resistance across the movement range
- Full range of resistance adjustment — from no resistance to fully locked
- Clients may utilize WheelFlex for continued therapy at home



Strength Training

WheelFlex provides the perfect on-the-go solution for today's wheelchair athletes. It is easily integrated into any strength training program — at home and at the gym.

- Improves strength, endurance and flexibility
- Lower resistance with higher repetition promotes strength training and toning
- Higher resistance with lower repetition builds muscle and burns fat
- Optional carryall bag allows for easy transportation to the gym
- Minimizes muscle fatigue, helping athletes to compete immediately after a workout



Home Therapy

WheelFlex users can workout in the privacy of their own home — or while traveling. Its portable, lightweight design makes storage easy and convenient.

- Integrated design increases comfort by never pulling the user away from his/her chair
- Instructional information helps the user to customize preferred exercises
- 360-degree pull direction allows for a vast number of exercise variations
- Space-saving design eliminates bulky weight stacks, dumbbells and exercise machines

WheelFlex builds chest, shoulder, bicep, tricep and oblique strength with its innovative, all-in-one design!